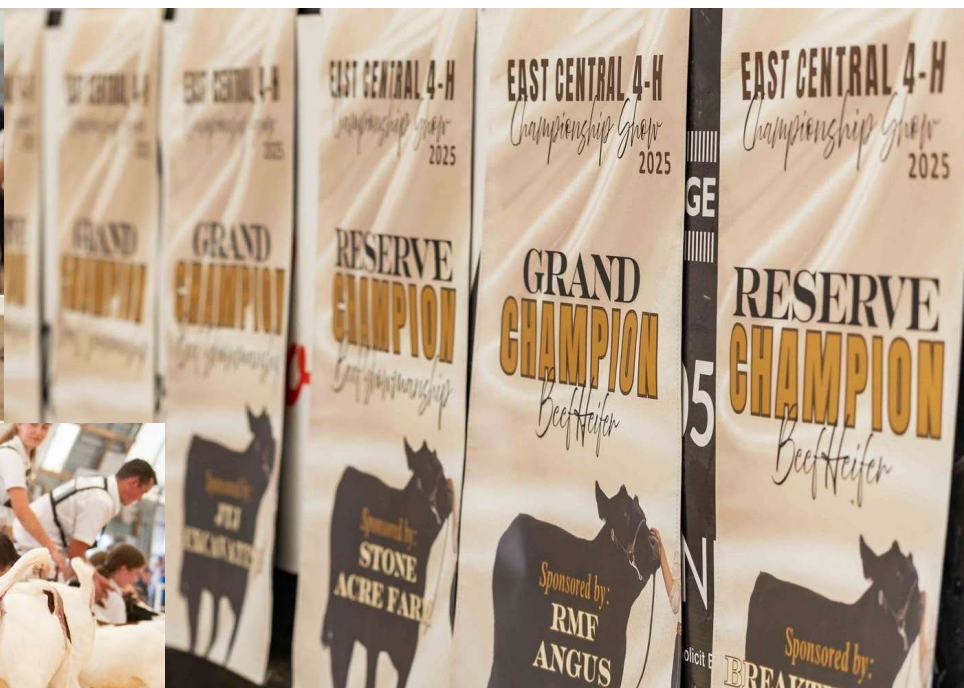


# EAST CENTRAL 4-H *Championship Show* 2026 PRIZE BOOK



## EAST CENTRAL 4-H CHAMPIONSHIP SHOW

Wednesday September 23, 2026

IT IS THE RESPONSIBILITY OF EACH PARTICIPANT IN THIS SHOW (Exhibitors and Leaders), TO COMPLETELY READ AND UNDERSTAND THE RULES, REGULATIONS AND INFORMATION CONTAINED IN THIS DOCUMENT BEFORE SHOW DAY.

**EVERY 4-H CLUB LEADER WILL SEE THAT A COPY OF THIS DOCUMENT IS DISTRIBUTED TO EACH QUALIFYING PARTICIPANT.**

### RULES

1. Open to bona fide members of 4-H calf, sheep and goat clubs organized during 2026 in the 4-H Associations of Durham East, Durham West, Peterborough, Kawartha Lakes-Haliburton, York, Hastings, Lennox & Addington, Northumberland and Prince Edward County.
2. **Eligibility** – Members must have completed their project by showing their animal at their local achievement program and fulfilled any additional requirements within their home county that considers them eligible for the championship show. There are no limits to the entries in each showmanship or conformation section from each county. Selection of entries from each 4-H Association will be made by the 4-H leaders in that 4-H Association. Selected 4-H members must show their 2026 4-H Official Project registered with 4-H Ontario by the June 1<sup>st</sup> Deadline in the Conformation and/or Showmanship classes. **NOTE: NO SUBSTITUTIONS ARE ALLOWED**
3. No entry fee will be charged
4. Each local 4-H Association will provide the prize book link to eligible competitors. Each 4-H Association will be responsible for **electronically submitting** all entries via AssistExpo by end of the day Wednesday September 16, 2026. <https://www.assistexpo.ca/lindsayex>  
**\*\*premise ID for the Lindsay Fairgrounds is ON4209355**
5. **Participants should bring only healthy calves to the show.** The best practice recommendations by 4-H Ontario provide a standard interpretation of what is considered acceptable and what is not.  
All participants are to follow 4-H Ontario rules and guidelines for transmittable disease as per 4-H Ontario Livestock Project Animal Health & Safety Best Practices - document 5.7.2.  
This document can be found on the website: [www.4-hontario.ca](http://www.4-hontario.ca)  
**\*\*\*It is the responsibility of the 4-H Association to interpret and determine if an animal is healthy enough to attend the show and you are encouraged to seek advice from a veterinarian. The decision of the 4-H association/veterinarian is final.**
6. **\*\*\*NLID, CCIA or RFID tags** must be in the ears of all animals (cattle and sheep) at the show.
7. Only bona fide 4-H members can prepare animals on show day. Competitors in violation will be disqualified.
8. Judging will begin on Wednesday September 23, 2026 commencing at 7:30 a.m. Please see schedule of classes printed in this booklet.
9. **Admission to the Grounds:** Passes will be provided to 4-H competitors and leaders.
10. **Truck Parking:** Immediately following unloading, all trucks **MUST** be moved to the stipulated parking area. Police will be instructed to ticket trucks and trailers not parked where directed. Your cooperation is appreciated.
11. Committee recommends that *show halters* not be used by sheep members for their 4-H project.

12. **IMPORTANT\*\*** Arrival of Exhibits: Competitors, animals and supplies **must arrive between 6 AM and 10 AM** on show day. 4-H'ers and animals are **NOT** to arrive before 6 AM as **barns will be locked**. Counties will have assigned stalling and are required to use only the assigned stalling area.

13. **Bedding:** No straw will be provided.

14. **Removal of Exhibits:** Sheep/Goats may not be removed from the building until 2 PM. Beef and Dairy calves may not be removed from the building until the conclusion of the final calf class. All animals must be removed promptly at the end of the show in order that the barn can be properly cleared for the next show.

15. **Herdsmanship Competition:** Each 4-H Association is encouraged to set up their assigned areas in the barn as a distinct "County" exhibit. Only 4-H Association Banners and Exhibition cards may be used in the exhibit. The main purpose of the competition is to display the animals in a functional working area with easy access both for participants and visitors, stressing uniformity, neatness and simplicity.

Judging of the competition will take place between 8:30 AM and 2 PM on Wednesday September 23, 2026. Winners of the Herdsmanship Competition will receive recognition. The following criteria will be used to judge the competition:

A) DISPLAY 60%

General Appearance

Neatness & Safety

Uniformity

County Identification

4-H Logo

Presentation of Animals

B) COMPETITOR 40%

Teamwork

Promptness

Knowledge

Interest

16. Blocking/Clipping chutes will **NOT** be allowed in the building at any time.

17. Tail rings will not be allowed.

18. Registration will be as follows:

Goat 6:45 – 7:15 am

Sheep 7:15 – 7:45 am

Beef 8:00 – 9:00 am

Dairy 8:00 – 9:00 am

**\*\*\*HARNESS NUMBERS** will be supplied at registration. The exhibitor must wear a number on their back in a harness or have it properly pinned.

19. Champion & Reserve Champion rosettes will be presented in appropriate classes. Trophies and special prizes will be presented at the conclusion of each sponsored class.

20. Any conformation class may be split into heats at the discretion of the show committee.

21. In the group of 3 classes, each 4-H Association will be permitted to enter 2 groups of 3 in each section. Each group of 3 shall consist of 3 calves to be selected by the 4-H leaders and members of the 4-H Association. These calves must have been previously shown in the appropriate conformation class.

**Only 4-H'ers will be permitted in the ring.** Only **ONE** 4-H member per group of 3 will be allowed in the show ring to assist the group in lining up.

22. All shows will run on schedule. If a 4-H member is registered in more than one show during the day, he/she will have to make a decision as to which class to participate in if they should overlap.

23. General rules of the Lindsay Exhibition, which are applicable, will apply.

## CONCUSSION CODE OF CONDUCT

### **I will help prevent concussions by:**

- wearing the proper equipment for my activity and wearing it correctly;
- developing my skills and strength so that I can participate to the best of my ability;
- respecting the rules of my activity; and,
- demonstrating my commitment to fair play and respect for all (including other Participants, LAS staff, volunteers, coaches, and officials). I will care for my health and safety by taking concussions seriously, and I understand that:
- a concussion is a brain injury that can have both short-term and long-term effects;
- a blow to my head, face, or neck, or a blow to the body that causes the brain to move around inside the skull may cause a concussion;
- I don't need to lose consciousness to have had a concussion;
- I have a commitment to concussion recognition and reporting, including self-reporting of possible concussion and reporting to a designated person when an individual suspects that another individual may have sustained a concussion (meaning: If I think I might have a concussion I should stop participating in further training, practice or competition **immediately**, and I will tell an adult if I think another Participant has a concussion); and,
- continuing to participate in further training, practice or competition with a possible concussion increases my risk of more severe, longer lasting symptoms, and increases my risk of other injuries.

### **I will not hide concussion symptoms. I will speak up for myself and others.**

- I will not hide my symptoms. I will tell an LAS staff person, volunteer, official, parent, or another adult I trust if I experience **any** symptoms of concussion;
- if someone else tells me about concussion symptoms or I see signs they might have a concussion, I will tell a LAS staff person, volunteer, official, parent, or another adult I trust so they can help;
- I understand that if I have a Suspected Concussion, I will be removed from activity and not be able to return to participating, training, practice, or competition until I undergo a medical assessment by on-site medical personnel, medical doctor or nurse practitioner and have been medically cleared to return to training, practice, or competition; and,
- I have a commitment to sharing any pertinent information regarding incidents of removal from activity with my school and any other activity organization with which I have registered (meaning: If I am diagnosed with a concussion, I understand that letting all of my other coaches, teachers, and employees know about my injury will help them support me while I recover).

### **I will take the time I need to recover, because it is important for my health.**

- I understand my commitment to supporting the Concussion Protocol process and I will follow the LAS organization's Protocol in returning to participate;
- I understand I will have to be medically cleared by a medical doctor or nurse practitioner before returning to the activity; and,
- I will respect LAS staff, volunteers, coaches, parents, health-care professionals, medical doctors, and nurse practitioners regarding my health and safety.

## 2026 SHOW SCHEDULE – WEDNESDAY SEPTEMBER 23<sup>rd</sup>, 2026

|                 |                                                               |                  |
|-----------------|---------------------------------------------------------------|------------------|
| <b>7:30 AM</b>  | Goat Show                                                     | <b>East Ring</b> |
|                 | Lamb Show (following Goat Show)                               | <b>East Ring</b> |
| <b>11:00 AM</b> | Beef Show                                                     | <b>East Ring</b> |
| <b>11:00 AM</b> | Dairy Show                                                    | <b>West Ring</b> |
|                 | Champion of Champions Showmanship                             | <b>East Ring</b> |
|                 | *Immediately following conclusion of Beef & Dairy Showmanship |                  |

### Showmanship Classes

#### 4-H member ages for GOAT, LAMB, BEEF & DAIRY

**Novice Showmanship** ~ 9 -11 as of January 1<sup>st</sup>, 2026

**Junior Showmanship** ~ 12-14 as of January 1<sup>st</sup>, 2026

**Intermediate Showmanship** ~ 15-17 as of January 1<sup>st</sup>, 2026

**Senior Showmanship** ~ 18-21 as of January 1<sup>st</sup>, 2026

### Conformation Classes

#### Lamb Conformation

##### **Ewe Lamb Conformation - Fall Lamb - Commercial**

- born on or before December 31st, 2025

##### **Ewe Lamb Conformation - Fall Lamb - Purebred**

- born on or before December 31st, 2025

##### **Ewe Lamb Conformation - Winter Lamb - Commercial**

- born on or after January 1st, 2026

##### **Ewe Lamb Conformation - Winter Lamb - Purebred**

- born on or after January 1st, 2026

#### **Grand Champion Lamb / Reserve**

Banner & Cash Prize

**Market Lamb Class** - Lambs must be docked, wethers properly altered, sheared within 2 weeks of show day and properly tagged with CCIA tags.

#### Goat Conformation

##### **Meat Goat Conformation - Fall Born - Purebred or Commercial**

Born between September 1st, 2025 and December 31st, 2025

##### **Meat Goat Conformation - Winter Born - Purebred or Commercial**

Born between January 1st, 2026 and May 31st, 2026

##### **Dairy Goat Conformation - Fall Born - Purebred or Commercial**

Born between September 1st, 2025 and December 31st, 2025

##### **Dairy Goat Conformation - Winter Born - Purebred or Commercial**

Born between January 1st, 2026 and May 31st, 2026

#### **Grand Champion Goat / Reserve**

Banner & Cash Prize

**Market Kid Class** - to be judged as a finished market animal. Both does and wethers are eligible. Kids must be properly wethered, altered and healed.

## **Beef Conformation**

### **Junior Beef Calf - British Breeds**

Born between January 1st, 2026 and May 31st, 2026

### **Junior Beef Calf - Continental or Crossbred**

Born between January 1st, 2026 and May 31st, 2026

### **Junior Yearling Beef Heifer - British Breeds**

Born between April 1st, 2025 and December 31st, 2025

### **Junior Yearling Beef Heifer - Continental or Crossbred**

Born between April 1st, 2025 and December 31st, 2025

### **Senior Yearling Beef Heifer - British Breeds**

Born between January 1st, 2025 and March 31st, 2025

### **Senior Yearling Beef Heifer - Continental or Crossbred**

Born between January 1st, 2025 and March 31st, 2025

### **Grand Champion Beef Heifer / Reserve**

Banner & Cash Prize

### **Market Beef Animal - to be judged as a finished market animal**

**Group of 3 Beef Animals - ALL BREEDS - 2 groups per association**

## **Dairy Conformation**

### **Dairy Calf - Coloured Breeds**

Born between September 1st, 2025 and May 31st, 2026

### **Dairy Yearling - Coloured Breeds**

Born between March 1st, 2025 and August 31st, 2025

### **Spring Calf - Holstein**

Born between March 1st, 2026 and May 31st, 2026

### **Winter Calf - Holstein**

Born between December 1st, 2025 and February 28th, 2026

### **Fall Calf – Holstein**

Born between September 1st, 2025 and November 30th, 2025

### **Summer Yearling - Holstein**

Born between June 1st, 2025 and August 31st, 2025

### **Spring Yearling - Holstein**

Born between March 1st, 2025 and May 31st, 2025

### **Grand Champion Dairy Heifer / Reserve**

Banner & Cash Prize

**Group of 3 Dairy Calves - 2 groups per Association**

## CHAMPION OF CHAMPIONS SUPREME GRAND CHAMPION SHOWPERSON

Grand Champion & Reserve Champion Showperson from each livestock division are eligible to compete in the Supreme Showmanship Class. Division judges will place these individuals and they will receive points for their placings. The overall winner will be based on the greatest number of points.

### BANNERS for Overall Grand & Reserve CASH PRIZES as follows:

|     |       |     |       |     |      |
|-----|-------|-----|-------|-----|------|
| 1st | \$150 | 2nd | \$100 | 3rd | \$75 |
| 4th | \$50  | 5th | \$50  | 6th | \$50 |
| 7th | \$50  | 8th | \$50  |     |      |

~ class will commence immediately after beef and dairy showmanship is completed

## 4-H Educational Exhibits

Open to 4-H Clubs in Durham East, Durham West, Peterborough, Kawartha Lakes-Haliburton, York, Hastings, Lennox & Addington, Northumberland and Prince Edward County.

1. Limit of four (4) entries per Association.
2. Entries to be completed in AssistExpo.
3. NO entry fee will be charged in this section
4. Exhibits must be placed in the: **Ag Pavilion (West Ring) by 7:45 PM, Tuesday September 22, 2026.** Displays will be relocated to the Agriculture Educational Exhibit (Horse barn) for the remainder of the LEX and may be picked up Sunday September 27<sup>th</sup> after the conclusion of the fair.
5. Exhibit board must not exceed 30" deep x 36" wide x 40" high.
6. \*\*\*Club name must be used in the Exhibit
7. Exhibits will be judged on the following basis:

| <u>SCORE CARD</u>                 | <u>VALUE</u> |
|-----------------------------------|--------------|
| General Appearance                | 20           |
| Power to Attract & Hold Attention | 25           |
| Message                           | 25           |
| Unity in Presenting Message       | 15           |
| Quality of Materials              | 15           |
| <b><u>TOTAL</u></b>               | <b>100</b>   |

Prize money for Educational Exhibits:

**1<sup>st</sup> - \$25, 2<sup>nd</sup> - \$20, 3<sup>rd</sup> - \$15, 4<sup>th</sup> to 6<sup>th</sup> - \$10**

**For any questions or comments on the Prize Book - please contact the committee via email at [eccs4h@gmail.com](mailto:eccs4h@gmail.com)**